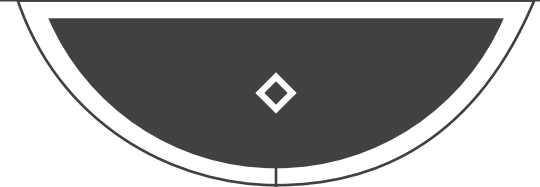




A DAILY RHYTHM WITH JESUS



If found, please return to:

Created by Eric Hoffman, Rob Howard, and Rob Sweet

Project & Design Management by Aaron Blanton and Kate Riddle

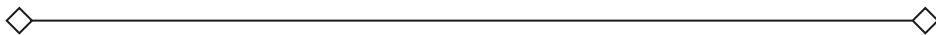
Cover and Interior Design by Hannah Santi

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FellowshipBibleChurch.org

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Fellowship Resources

Over the past twenty-five years, God has been leading Fellowship Bible Church through a journey of discovering how imperative the heart is to life with God and others. It has led us to focus everything we do on our mission. We believe that every follower of Jesus is called to be a disciple maker, so we are committed to making disciple makers—to see Jesus transform thousands of hearts through the people of Fellowship.

Our resources equip disciples on the journey to becoming disciple-makers.

For training, reading plans, and more, go to FellowshipBibleChurch.org/Resources.



INTRODUCTION

Our mission at Fellowship Bible Church...

Becoming a community of people who follow Jesus with our whole heart and help others do the same.

The invitation to follow Jesus calls us to a transformative journey of the heart. It calls us to imitate Jesus and become like him ... his actions, his virtues, embrace his message of love, forgiveness, and serving others.

What does it mean to follow Jesus?

Discipleship to Jesus is the wholehearted journey of being with Jesus, so that we become like him in character and live his way of life.

- **Being with Jesus** | Cultivating a life of intimacy with God through prayer, Scripture, and presence
- **Becoming like him in character** | Co-laboring with the Spirit as he forms the inner life of Jesus in you
- **Living his way of life** | Embodying the compassion, rhythms, and mission of Jesus in your everyday relationships

While we desire instant transformation, the life of faith is a journey in which we walk with Christ, depending on his Spirit. Following Jesus is a continual, lifelong process of refinement, in which the Spirit's supernatural work changes us from the inside out, with our cooperation and engagement.

It's not about spiritual performance or behavior management—it's about transformation from the inside out. As we abide in his presence, we are shaped by his Spirit to become the full human beings he calls us to be.

As Jesus transforms our hearts and makes them whole, we become more and more like him. We have developed this Come, Listen, Respond Journal to help you spend time in the Word, in prayer, and in conversation with others.

The invitation to follow Jesus is to live your whole life from your whole heart with God and with others, the way we were designed to live. We're praying that you'll move from merely knowing about Jesus to experiencing a vibrant, joyful, and abiding life with him. **Let's follow Jesus together.**

TABLE OF CONTENTS

HOW TO USE THIS BOOK	08
WEEK ONE	13
WEEK TWO	23
WEEK THREE	33
WEEK FOUR	43
NOTES	53



HOW TO USE THIS BOOK



This *Come, Listen, Respond Journal* is designed to help you spend time with God in prayer and his Word. This journal allows you space to enter into God's presence and invite him into all you are carrying, read attentively and listen expectantly to his Word, and respond to how he leads.

Daily Conversation With God

Throughout the Gospels we witness the intimate relationship between Jesus and his Father. They cultivated their relationship through conversation—the Son talking with his Father and listening to his Father's voice, and the Father speaking words of encouragement and comfort to his Son. As you spend time in daily conversations with God, you'll have the opportunity to begin cultivating intimacy with God through conversation, too. That's how we build relationships—by sharing and listening, day by day.

Each day, after you read a portion of your Reading Plan, questions will guide you into a real conversation with God about your true thoughts and feelings while you listen for what he's saying to you. To help you develop a repeatable rhythm, we'll follow a simple, three-part pattern:

COME BEFORE GOD

LISTEN TO HIS WORD

RESPOND TO HIS VOICE

COME

Talk with God about what is on your heart as you come to him today.

COME BEFORE GOD

Use this space to begin the conversation. God desires you to come to him just as you are—no need for pretenses.

LISTEN | Passage: John 15:1-11

What was the author's main point in this passage?

LISTEN TO HIS WORD

God speaks to us through his Word. Read the passage and use the prompts to explore how God might speak to you through his text.

What do you believe the Spirit is saying to you through this passage?

RESPOND

Talk with God about what he is saying to you. How do you want to respond?

RESPOND TO HIS VOICE

Write down what you will do in response to what God has said. Then write out a prayer for your needs and for the needs of others.

Pray for your needs and the needs of other people the Spirit brings to your mind. Then close your time with gratitude for the gifts of today—big or small.

Why journal? Writing prayers and insights in a journal has been a beneficial tool for countless people throughout the ages. You will not regret it. The passage of information from our hearts to the page is more than transcribing—it is making the invisible visible. It helps us bring our internal conversation with God into the light of reality. It creates a personal written record of what God has said to us, and it gives us something to look back on later as a witness to what he has done in us.

Weekly Reflection Journal

Use these questions to reflect on your journey with Jesus this week. As you prepare for your group meeting, pay attention to what has stirred in your heart, what has challenged you, and how Jesus might be inviting you to grow. Jot down your responses and bring them with you to group. Your honesty and presence matter—to God and to others.

What surfaced in your time with God through the CLR Journal—was there a moment that felt personal or meaningful?

As you've engaged God's Word and listened to his voice, what's he working on in your heart? Where do you sense him inviting growth, healing, or obedience?

As you followed Jesus this week, what was hard? What might be Jesus' invitation to you through it?

Group Meeting

The Come, Listen, Respond Journal is designed to be used either individually or in community. We encourage you to be in community with others and not “go it alone.” We are not meant to follow Jesus alone!

As we gather in community, we help one another in our discipleship to Jesus. It is in Christ-centered communities that we practice what it means to follow Jesus with our whole heart, loving one another deeply, and learning to be with Jesus, become like him, and live his way of life together.

That is why we have created an intentional blank space each week, entitled “Group Meeting,” to take notes on your time together as a group. Record how others are experiencing God, how God is speaking to you through the group, and how you can be praying for the needs and requests of the people in your group. Use the Group Meeting Guide to help shape and focus your group meeting. Make this time a priority in your schedule; you need them, and they need you.

Group Meeting Template

Fellowship: 15 minutes

Have someone pray and ask the Spirit to guide your time together.

Spend the first ten minutes catching up. You may choose to be more structured by having each person share their “high” and “low” of the week.

CLR Journal Sharing: 30 minutes

What did you read this week that captured your attention, challenged you, or created questions?

How are your conversations with God going? Is there one of your CLR Journal days that stood out to you this week? What are you hearing the Spirit say to you?

How have you seen God working in you and around you this week?

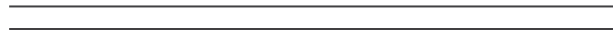
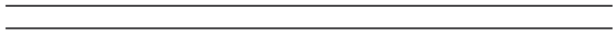
Weekly Reflection: 15 minutes

Looking back at your Weekly Reflection, what has been most challenging about following Jesus this week? What’s been most life-giving?

Prayer: 15 minutes

How can the group pray for you? Who is someone in your life who doesn’t know Jesus that we can be praying for?

In light of all that’s been shared, take time to pray for one another before your group time is finished.



COME

Talk with God about what is on your heart as you come to him today.

LISTEN | Passage: Mark 1:16-20

What was the author's main point in this passage?

What do you believe the Spirit is saying to you through this passage?

RESPOND

Talk with God about what he is saying to you. How do you want to respond?

Pray for your needs and the needs of other people the Spirit brings to your mind. Then close your time with gratitude for the gifts of today—big or small.

COME

Talk with God about what is on your heart as you come to him today.

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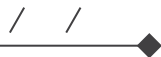
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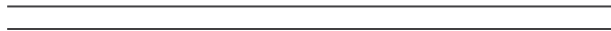
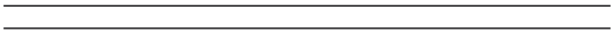
WEEK 1 REFLECTION

Use these questions to reflect on your journey with Jesus this week. As you prepare for your group meeting, pay attention to what has stirred in your heart, what has challenged you, and how Jesus might be inviting you to grow. Jot down your responses and bring them with you to group. Your honesty and presence matter—to God and to others.

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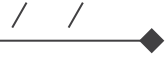
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Talk with God about what is on your heart as you come to him today.

LISTEN |

Passage: John 1:35-42

What was the author's main point in this passage?

What do you believe the Spirit is saying to you through this passage?

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COME

Talk with God about what is on your heart as you come to him today.

LISTEN | Passage: Luke 10:38-42

What was the author's main point in this passage?

What do you believe the Spirit is saying to you through this passage?

RESPOND

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Pray for your needs and the needs of other people the Spirit brings to your mind. Then close your time with gratitude for the gifts of today—big or small.

COME

Talk with God about what is on your heart as you come to him today.

LISTEN | Passage: Psalm 27

What was the author's main point in this passage?

What do you believe the Spirit is saying to you through this passage?

RESPOND

Talk with God about what he is saying to you. How do you want to respond?

Pray for your needs and the needs of other people the Spirit brings to your mind. Then close your time with gratitude for the gifts of today—big or small.

COME

Talk with God about what is on your heart as you come to him today.

LISTEN | Passage: John 17:20-26

What was the author's main point in this passage?

What do you believe the Spirit is saying to you through this passage?

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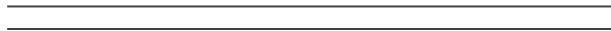
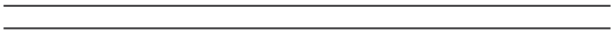
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COME

Talk with God about what is on your heart as you come to him today.

LISTEN | Passage: Galatians 5:22-26

What was the author's main point in this passage?

What do you believe the Spirit is saying to you through this passage?

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Talk with God about what he is saying to you. How do you want to respond?

Pray for your needs and the needs of other people the Spirit brings to your mind. Then close your time with gratitude for the gifts of today—big or small.

COME

Talk with God about what is on your heart as you come to him today.

LISTEN | Passage: 2 Corinthians 3:16-18

What was the author's main point in this passage?

What do you believe the Spirit is saying to you through this passage?

RESPOND

Talk with God about what he is saying to you. How do you want to respond?

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COME

Talk with God about what is on your heart as you come to him today.

LISTEN | Passage: Colossians 3:10-17

What was the author's main point in this passage?

What do you believe the Spirit is saying to you through this passage?

RESPOND

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COME

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LISTEN | Passage: Philippians 1:6-11

What was the author's main point in this passage?

What do you believe the Spirit is saying to you through this passage?

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LISTEN | Passage: Ephesians 3:14-21

What was the author's main point in this passage?

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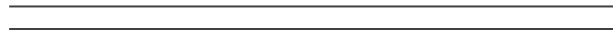
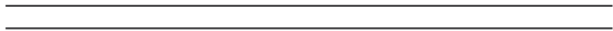
WEEK 3 REFLECTION

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COME

Talk with God about what is on your heart as you come to him today.

LISTEN | Passage: Matthew 5:13-16

What was the author's main point in this passage?

What do you believe the Spirit is saying to you through this passage?

RESPOND

Talk with God about what he is saying to you. How do you want to respond?

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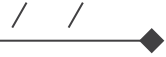
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LISTEN | Passage: 2 Corinthians 5:17-21

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Talk with God about what is on your heart as you come to him today.

LISTEN | Passage: Matthew 28:16-20

What was the author's main point in this passage?

What do you believe the Spirit is saying to you through this passage?

RESPOND

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Pray for your needs and the needs of other people the Spirit brings to your mind. Then close your time with gratitude for the gifts of today—big or small.

WEEK 4 REFLECTION

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NOTES



A series of 20 horizontal lines for writing notes, spaced evenly down the page.

